

# College of Health Sciences

Discover the power of nutrition in promoting brain health through RUSH University's [Master of Science in Clinical Nutrition](#) program, where you'll explore the origins of the groundbreaking [MIND diet](#). As the pioneers behind the creation of the MIND diet, RUSH offers a unique opportunity to delve into the science and application of this innovative approach to nutrition.

By pursuing the [Master of Science in Clinical Nutrition](#) degree, you will gain invaluable insights from the experts who developed this evidence-based dietary plan specifically designed to enhance cognitive function and reduce the risk of neurodegenerative diseases. Immerse yourself in a curriculum that delves into the nuances of the MIND diet and other relevant dietary patterns.

At RUSH, you will have the chance to work alongside esteemed faculty members who are at the forefront of nutritional neuroscience. If you're passionate about brain health and wish to contribute to the growing field of clinical nutrition, the [Master of Science in Clinical Nutrition](#) degree is your gateway to becoming a leader in the implementation of the MIND diet and improving the lives of countless individuals.

Learn more about the profession and the [Master of Science in Clinical Nutrition](#) program at RUSH by attending an upcoming [information session](#) conducted by a faculty member. Information about the graduate program, profession, curriculum, prerequisite coursework, and admission requirements will be provided.

Contact [Shelley Jackson](#), senior admissions specialist, for questions about this opportunity and the application process.

